

Dr. Beran's Guide to: LIPOSUCTION

What is Liposuction?

If you have tried dieting and exercise but still have localized areas of fat that simply won't go away, liposuction could be the answer you've been looking for. Liposuction may be used for contouring many areas of the body:

- cheeks, jowls and neck
- upper arms
- breast or chest areas
- abdomen and waist
- hips and buttocks
- inner and outer thighs
- inner knees
- calves and ankles
- back and flanks

Liposuction can be performed on several areas at the same time and it can also be done in conjunction with other cosmetic plastic surgical procedures.

How Liposuction Surgery is Performed

During liposuction surgery, body fat is removed by first inserting a small, hollow tube (a cannula) through one or more tiny incisions near the area to be suctioned. Incisions are usually less than one-quarter inch in length and are placed in places where they will be least noticeable, often within skin folds or contour lines. The cannula is connected through a tube to a vacuum pressure unit. Guided by Dr. Samuel Beran, one of Westchester's leading plastic surgeons, the suction device then vacuums away your unwanted fat — permanently.

Laser-Assisted Liposuction (SmartLipo)

One of the newest liposuction techniques for fat dissolution is laser-assisted liposuction or SmartLipo. Using laser technology, SmartLipo liquefies fat by producing a burst of energy as the laser enters the fatty tissue. This laser energy is delivered by a thin laser fiber that is inserted through small incisions in the skin. Laser-assisted liposuction also stimulates collagen production in the skin, which may in turn offer additional skin-tightening benefits.

Determining which procedure is best for you — liposuction or SmartLipo — depends on many factors. Together, you and Dr. Beran will evaluate your options and decide which technique will deliver the best, most natural results for your individual body.

Highly Experienced In Liposuction Surgery

With years of specialized surgical experience, Dr. Samuel Beran has performed hundreds of liposuction surgeries with outstanding results. One of the best plastic surgeons in the New York area, Dr. Beran offers the latest liposuction techniques performed in the safety of his fully-accredited surgical facility with state-of-the-art equipment, using the same caliber of patient monitoring devices found in leading medical center operating rooms.

In addition, Dr. Beran understands that liposuction is an important decision for a woman and he knows how much it means to each and every patient to achieve the results she wants. To make sure you are fully informed about your surgery options and understand exactly what results to expect, Dr. Beran will take all the time you need to make sure your questions are answered.

What Does Liposuction Surgery Cost?

Because every woman's body is unique and the results she is seeking from liposuction are specific to her, the exact cost of surgery is determined by Dr. Beran after he has met with the patient and together, they have decided which and how many areas of the body are good candidates for liposuction in order to achieve the best possible results.

Contact Me

If you are interested in scheduling a free consultation for liposuction surgery, please contact me. We will send you additional information prior to your appointment.

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