

Dr. Beran's Guide to: **MOMMY MAKEOVERS**

What is a Mommy Makeover?

Now you can take care of your children and yourself! The changes that come with pregnancy, childbirth and breast feeding can be beautifully reversed with a Mommy Makeover.

The effects of pregnancy and childbearing commonly result in drooping breasts, unwanted fat deposits, and a change in your stomach contours. Correction of these problems can include: breast lifts, breast implants, body sculpting, liposuction, and a tummy tuck.

What is the recovery time for Mommy Makeover procedures?

These surgeries, whether performed under local, "twilight" or general anesthesia, can often be combined to limit your total recovery "downtime" so that you are inconvenienced as little as possible. Appreciative of your full and busy life, Dr. Beran uses state-of-the-art techniques to minimize your pain and recovery time so you can quickly return to your family and your life.

How much does Mommy Makeover surgery cost?

Because every woman's body is unique and the procedures she chooses to have are unique to each patient, the cost of surgery is determined by Dr. Beran after a consultation.

These procedures may be more affordable than you think — Dr. Beran offers a number of financing options.

What experience does Dr. Beran have with these procedures?

With years of specialized surgical experience, Dr. Samuel Beran has performed hundreds of Mommy Makeover procedures with outstanding results. One of the best plastic surgeons in the New York area, Dr. Beran offers the latest body-shaping surgery techniques performed in the safety of his fully-accredited surgical facility with state-of-the-art equipment, using the same caliber of patient monitoring devices found in leading medical center operating rooms.

What if I had extra questions about these procedures?

Dr. Beran understands that choosing any of the Mommy Makeover procedures is an important decision for a woman and he knows how much it means to each and every patient to achieve the results she wants. To make sure you are fully informed about your surgery options and understand exactly what results to expect, Dr. Beran will take all the time you need to make sure your questions are answered.

If you are interested in scheduling a free consultation for Mommy Makeover surgery, please contact me. We will send you additional information prior to your appointment.

Harrison & Mt. Kisco: (914) 761-7070 - **New York:** (212) 792-7938

SAMUEL J. BERAN, MD. FACS
COSMETIC SURGERY ASSOCIATES OF WESTCHESTER, P.L.L.C.

